



Welcome to the January 2022 issue of the LeadingAge California **iNSPIRE** Project's monthly newsletter! Every month, we will share important project updates, best practices, and success stories and pictures. Get ready to be inspired!

The **I**ntegrate **fuN**, **S**ustainable, **P**rogramming that is **I**nnovative, **R**ewarding and **E**nriches (**iNSPIRE**) Project provides skilled nursing communities with no-cost iN2L engagement technology, which offers thousands of computer-based experiences aimed at improving quality of life, reducing psychotropic drug use, providing stress relief, and much more.

For more information, visit the iNSPIRE Project [website](#). Funded through a CMP grant awarded by CDPH and CMS Region IX.

Three New Year's Resolutions for Your iN2L Program

The beginning of a new year is an opportune moment to simultaneously look back at the past while looking forward into the future. It's a time to reflect on what we'd like to change from the previous year and make new year's resolutions. Here are three new year's resolutions to consider adopting for your iN2L program in 2022:

Track and Increase Your Usage

Every month, you receive an email from your iN2L Customer Success Manager, Carmeli Hocson, with your iN2L system usage for the previous month. If you aren't already, begin to track your usage and set a resolution to increase it every month by a reasonable and measurable increment. You can also locate your month-over-month iN2L system usage by logging into the [iN2L Customer Portal](#).

Introduce iN2L During the Admissions Process

You already know that your current residents enjoy using iN2L, but don't stop there! Be proactive and introduce iN2L to incoming residents and their families during the admissions process. Make a resolution to give your admissions team access to an iN2L tablet to demo or include iN2L marketing materials in your admissions packet. You can find these materials by logging into the [iN2L Help Center](#).

Train All Staff on iN2L

It's no secret that quality improvement projects have a higher chance of success when the entire team is engaged and invested. At any time, you can [email](#) Grant Manager, Amanda Davidson to schedule an in-person or virtual iNSPIRE Project orientation. During the orientation, staff will gain an understanding of the goals of the iNSPIRE Project and explore iN2L's 23" Group Engagement system and tablets and their wide variety of available content. Make a resolution to have all staff trained on your iN2L program in 2022!

GlenBrook Health Center Rocks!

December was a busy month for GlenBrook Health Center, but Life Enrichment Director, Lorena Morales (pictured left), set aside time for staff to meet with iN2L's Customer Success Manager, Carmeli Hocson (pictured right), to learn more about the iNSPIRE Project and iN2L.



Lorena shared that early in the COVID-19 pandemic, staff cared for a resident who celebrated her 100th birthday! GlenBrook Health Center staff used iN2L's 23" Group Engagement system to video chat with the resident's family so that they could celebrate with her.

Thank you, Lorena, and all the staff at GlenBrook Health Center, for everything that you do for your residents every day!

Questionnaire Added to Quarterly Reporting

Every quarter, you submit your CASPER report and resident surveys as a requirement of participation in the iNSPIRE Project. Recently added to your quarterly reporting requirement is a brief questionnaire.

Through this questionnaire we hope to better understand the challenges your community may be facing and what factors may be significantly impacting your community's iN2L program. You can also indicate your interest in an in-person or virtual iNSPIRE Project orientation for staff members.

If you have any questions about this new quarterly reporting requirement, [email](#) Grant Manger, Amanda Davidson.

Coming Soon

Don't forget to add these important dates to your calendar!

iNSPIRE Project Best Practices Meeting: What's New in 2022?

Wednesday, January 26

2:00 PM - 2:30 PM

Register [here](#)!

2022 promises to be an exciting year for the iNSPIRE Project! We've got news to share about the upcoming competency trainings, iN2L's new and improved Help Center, and

more opportunities for assistance and support of your iN2L program. Join us this month and get excited about the great things to come in 2022!

Attend this 30-minute best practices meeting to get your iNSPIRE Project questions answered. Your support team and your peers will be available to respond to your questions, offer solutions and best practices, as well as share a few tips and tricks. This is an optional and informal meeting designed to support you and the implementation and integration of the iN2L program in your community. These best practices meetings will be held monthly.

Please note that the time of the meeting has been changed this month from 2:00 p.m. to 3:00 p.m.

**2022 Quarterly Reporting Due Dates:
CASPER Report, Quality of Life (QOL), and Activity Participation Surveys**

March 18, 2022

June 17, 2022

September 16, 2022

December 16, 2022

Go to the iNSPIRE Project [website](#) to download and print the Quarterly Reporting Due Dates form and add it to your program binder or an office bulletin board.

The iNSPIRE Project supports a study including up to 30 residents in our 60 participating skilled nursing communities and includes an evaluation to determine changes over time. Your facility-level CASPER report, Quality of Life (QOL), and Activity Participation surveys are important evaluation tools and your timely submission of these are greatly appreciated every quarter.

[LeadingAge California](#) represents California's broadest spectrum of providers of housing, care and services, serving hundreds of thousands of older adults. It launched the [Age On. Rage On.](#) campaign to spotlight the urgent need to develop a Master Plan for Aging in California. [Click here to read the latest news by LeadingAge California.](#)

Questions? Please Contact Us.

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